



# Warragul Gymnastics and Cheerleading Club Newsletter



## Club News



As another term ends we hope that you have all enjoyed the start of 2018 at the Warragul Gymnastics and Cheerleading Club.

With 420 registered members, it's a very large task to co-ordinate the coaches and classes on a weekly basis.

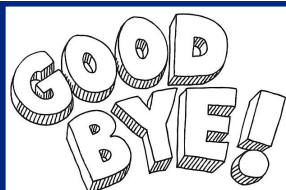
All classes are now set and will continue in the current timeslots and days for the remainder of terms 2 and 3.

We have several new coaches in the club and they are working with our gymnasts and cheerleaders to teach them new skills and continue to develop skills for each level that the gymnast is at. If you have any questions regarding your child then please see Angela after your child's training session.

They are all Gymnastics Australia accredited coaches at the level they are coaching and with ongoing training in and out of the club, early mornings and late nights at comps, their encouragement of the gymnasts is second to none.



Our coaches do an amazing job on and off the floor with our children and we wouldn't be half the club without them.



### This term we say goodbye to Coaches Cody McCraw and Bec Sanders.

Cody has been at the club for around 11 years as both a gymnast and a coach. He is now taking a full time job as a builder. We wish him the very best with his future career and we will hopefully still see him in club from time to time.

Bec has been with the club for around 6 years. She has been both a coach and gymnast. Bec is off to the Worlds Cheerleading held in Florida, US as part of the Outlaws Kelly Girls team. We wish her and her team the best for their worlds bid. She will then be back for a couple of weeks and then leaves us permanently to move to Queensland. We will miss her immensely and wish her our very best wish for her bright future.

### Training Hoodies

If your gymnast/cheerleader would like a training hoodie coming into the colder weather they are available for \$60.00 with the child's name embroidered on the back.

See the office for order forms.



Currently we have over \$10,000 worth of outstanding fees. While we are a not for profit organisation, our day to day running cost are dependant on families paying their fees on time. If you are having issues paying your fees please contact Angela as soon as possible so that an agreement can be reached. While restricting classes to those who's fees are not paid is something we do not want to do, continual non-payment of fees leaves us with little choice.



## Gymnastics News

### WAG and MAG Squad Information

*If your child is part of any WGC squad level then please find these closed groups on Facebook and send a request to join.*



Baelee Came third overall in the Victorian State Championships Trial. Now the hard work begins.

#### WAG/MAG Important Dates

Please note the calendar of events on the last page of the newsletter. All squad gymnasts may be required to be attend these dates. Please put them in your calendars.

Emails will be sent out closer to the event date informing you if your child has been chosen for the competition.

Both MAG and WAG Competition season has started and will continue over the coming months and all levels will be starting to learn routines and perfect their skills.

With Squad levels 1 to 8 represented at our club we have a lot of gymnasts to prepare for the coming season. It is important for squad level gymnastic to attend all training sessions to ensure they don't miss out on vital training that is appropriate to competition routines and procedures.

If you have any questions regarding competitions then please see Angela at your child's next training session.

Not all squad gymnasts attend every competition, teams will be selected according to the following:

Scores at invitational comps  
Attendance and commitment to training and invitational comps  
Attitude to competitions, training, other gymnasts and coaches  
Attendance and commitment to holiday training.  
Skill level

Competition temperament  
Consistency of all routines in training and at competition's.

Gymnasts are judge on a team result up to level 3, then from Level 4 and up it is both individual and team scores, with the top 3 scores to count.

Our competition season starts in April with our Level 8 representative Baelee Montgomery competing for Warragul Gymnastics Club in the Senior Victorian Championships after qualifying 3rd in the trials.

If you have a chance to get down and watch her she is competing at 11am on the Sunday morning at the Melbourne Sports and Aquatic Centre. We know you will smash it Baelee and all the club is behind you.

### MAG Gymnasts

MAG gymnasts are working on building strength and perfecting skills over the coming months. Their competition season starts in June with Level 4 competing in Maffra. The season for the MAG boys isn't as busy as the WAG gymnasts but is just as important and the skills that they show are amazing.

Our boys at Level 1 /2 will be competing at the Junior Gippsland Championships on the 21/22nd of July at Maffra and the in-house competition in December.

With Level 3/4 competing in several comps across the season with them competing in the Senior Gippsland Championships on the 22/23rd of September amongst other competitions in Melbourne.

**The Club will be hosting our own competition on the 29th of July, we will be looking for volunteers to assist with the running of this day.**

**More details will follow closer to the date.**

it doesn't  
get easier  
you get  
Stronger



## WGC Butterflies Cheerleading

Our cheer girls had a great end to 2017 and we can't wait to see what they have in store for us in 2018. With cheerleading being a new addition to the club we're excited to see so many girls wanting to be part of it.

**"Cheer is back"**

**Bring it on!!!**

A very warm welcome to our new Cheer coach Kelly Keith. Kelly was a cheerleader with Outlaws in Melbourne and is currently studying. While she is new to coaching she is really keen and is currently in the process of attaining her qualification as both a Cheerleading and Gymnastics Coach.



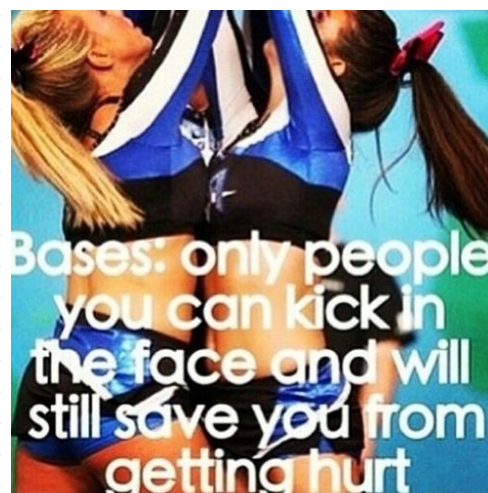
Our numbers have continued to increase and we now have two cheerleading teams Ladybirds and Butterflies that are currently working hard getting ready for their first competition in 10 weeks' time.

You play football?  
That's cute.  
We throw 100 pound girls  
and you throw 2 pound  
footballs. Oh, and we  
actually catch ours.

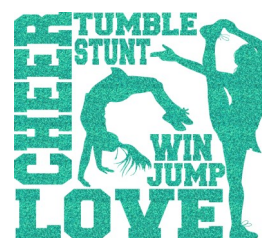
### Butterflies in action in 2017

The club issues updates via its FACEBOOK page and the Cheerleading groups. Make sure you like the clubs FACEBOOK page to keep up to date with any time changes, events, etc.

Also please request to be part of the Facebook group that represents the team your child is part of. All information pertaining to training, competitions etc. is issued on these pages.



Competition dates are on the calendar of events please make a note in your diaries of these dates.  
Times and other information will be forwarded closer to the dates.





# Housekeeping

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Gymnasts /cheerleaders are not allowed to be on any equipment without a coach being present. They are not insured for activity on any equipment outside of class times. This is also the case for siblings during and after classes they are not insured and can easily be hurt if they wander into the wrong area.

If your child has a break/snack time in their class please send them with a light snack. Make sure they have a drink bottle as it is necessary for them to stay hydrated during their lesson.

Please as a parent do not go onto the gym floor to speak to your child at anytime during a class. This can be dangerous for gymnasts and also parents. If you need to speak to your child urgently then please get the attention of the club manager Angela and she will speak to your child's coach and ask them to instruct your child to come and see you off the gym floor.

Sometimes you will see other people on the gym floor with Angela observing classes. Angela quite often trains different people in various positions around the club. As she is a fully qualified coach, judge and supervisor she can coach and train junior and senior coaches and also judging staff whilst on the floor coaching.

Angela will from time to time also leave junior coaches on the floor to run and direct the class by themselves for a short period of time. This allows the junior coaches to take on that responsibility and become comfortable with managing the classes. She is always watching however. If you have any questions regarding this then please see Angela at the club.

If you are not receiving the newsletter then please let Angela know. The information that is contained in it is important and also lets you know what is going on around the club. It is emailed each term, put on the Facebook page and also pinned up at the club.

## IMPORTANT INFORMATION

All competitive squads now have their own Facebook groups, so if you have a gymnast in a competitive squad please look out for an invite or have a look for the pages so you can get the most up to date information. If you are unsure what level your gymnast is please check with Angela. The pages can be found under the following names:

WGC Wag level 1  
WGC Wag level 2  
WGC Wag level 3  
WGC Wag level 4  
WGC Wag level 5/6/7

WGC Mag squad

**ENJOY YOUR TRAINING!**



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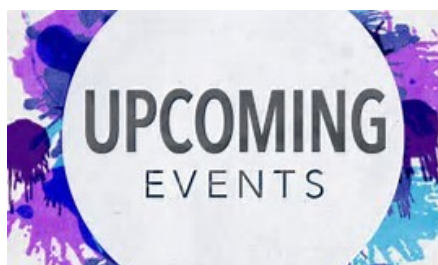
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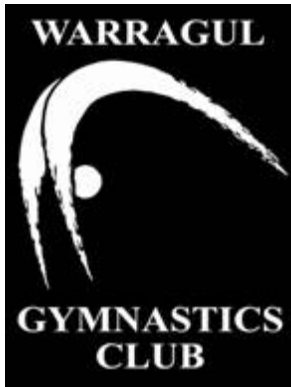
*If your child is part of any WGC squad level or WGC Cheerleading then please find these closed groups and send a request to join.*

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*The information shared in these groups is important and includes things like competition details including times, traffic delays on route to comps and any other last minutes information that may need to go out.*



Date	Competition	Venue	Level
27 & 28 April 2018	MAG & WAG Senior Victorian Championships	MSAC	Level 8
17 June 2018	Sue Draper Memorial Pairs Comp	Maffra Gymnastics Club	Level 4-8 Both MAG and WAG
30 June & 1 July 2018	WAG Judges Invitational	Eclipse Gymnastics Club	Level 2-4 WAG
29 June to 1 July 2018	Winterfest (Cheerleading)	State Basketball Centre Wantirna	
7 & 8 July 2018	BTYC Invitational	BTYC Gymnastics Club	Level 2-6 WAG
21 & 22 of July 2018	Junior Gippsland Championships	Maffra Gymnastics Club	Level 0&1 Mag Level 1&2 WAG Level 1-4 Rec
29 July 2018	Warragul Invitational	Warragul Gymnastics Club	Level 1-3 WAG
10 & 12 August 2018	All Star Battle (Cheerleading)	State Basketball Centre Wantirna	
18 & 19 August 2018	Eclipse Invitational	Eclipse Gymnastics Club	Level 3-10 WAG
26 August 2018	BTYC Hong Gen Wang Challenge	BTYC Gymnastics Club	Level 2-4 MAG
1 & 2 September 2018	Junior Victorian Championship Qualifier	BTYC Gymnastics Club	Level 2-4 MAG
21 to 23 September 2018	State Cheerleading Competition	MSAC	
22 & 23 of September 2018	Senior Gippsland Championships (incl. South Eastern Regional Championships)	Maffra Gymnastics Club	Level 2-4 MAG Level 3-10 WAG
27 to 30 September 2018	Waverley Acromat Classic and Trans Bass Trial	Waverley Gymnastics Club	Level 1-6 WAG
13 & 14 October 2018	Junior Victorian Championships	BTYC Gymnastics Club	Level 2-4 MAG
27 & 28 October 2018	State Pennant	Waverley Gymnastics Club	Level 2 WAG
26 to 28 October 2018	Spring Carnival (Cheerleading)	State Basketball Centre Wantirna	
3 to 5 November 2018	Junior Victoria Championships	Geelong Arena	Level 4-6 WAG
10 & 11 November 2018	Junior Victorian Championships	TBC	Level 3 WAG
2 December 2018	Warragul Inhouse Competition	Warragul Gymnastics Club	Level 1-8 MAG, WAG Level 1-8 REC



## ***Warragul Gymnastics Club Inc.***

### ***Late pick up Policy***

#### **Premise**

Due to our child safety policy we must maintain a minimum of 2 coaches in the club if a gymnast is present.

The importance of collecting your children on time is that it allows staff to adhere to this policy at no inconvenience. However, if a child is not picked up on time, 2 coaches are required to stay at the gym, often past their scheduled finish time, to preserve the safety of your child. In addition, children can often feel confused, stressed and apprehensive when they are not picked up on time.

Due to the costs involved when children are not collected punctually we must have fees.

#### **Actions/Fees**

Fees (charged at the discretion of management)

#### **1st Offence**

Parents/Carers will be contacted, and policy will be highlighted.

#### **Subsequent Offences**

Not collected within 15 minutes of gymnasts class finishing and no contact from Parent/Carer: \$20

Every Additional 15 Minutes: \$20

Written: Am 2018

Adopted:

Reviewed

